

# March 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Congregate meals are served at Noon. Takeout meals can be picked up any time after 11:30am. Home delivery starts at 11am.</p>	<p><b>This menu can be found on UTMA Channel 1 or on our website:</b> <a href="http://cavaliercountysenior.mealsandservices.com">http://cavaliercountysenior.mealsandservices.com</a></p>	<p>Age 60 and over – Suggested donation For meals is \$5.50, Contribute as you are able. Those under 60 must pay \$8.00.</p>	<p style="text-align: center;"><b>MENUES ARE SUBJECT TO CHANGE</b></p>	<p><b>1</b> Shrimp Primavera Green Beans House Salad  Fruit</p>
<p><b>4</b> Chicken in Gravy Rice Peas  Fruit</p>	<p><b>5</b> Breaded Pork Chop Boiled Potato Bourbon Baked Beans Stewed Tomatoes Fruit</p>	<p><b>6</b> Swedish Meatballs Mashed Potatoes Creamed Corn Peach Cobbler Dump Cake/Topping</p>	<p><b>7</b> Polish Sausage and Dumpling Casserole Roasted Potatoes Carrots Fruit</p>	<p><b>8</b> Lemon Pepper Fish Wild Rice Brussel Sprouts  Fruit</p>
<p><b>11</b> French Onion Chicken Macaroni &amp; Cheese Mixed Vegetables Banana Bread Fruit</p>	<p><b>12</b> Salisbury Steak Mashed Potatoes Green Beans  Fruit</p>	<p><b>13</b> Chili Baked Potato Baked Corn  Banana Cream Pie</p>	<p><b>14</b> Pork Stroganoff Egg Noodles Pickled Beets Broccoli Fruit</p>	<p><b>15</b> Tomato Soup Salmon Sandwich Caesar Salad Crackers Fruit</p>
<p><b>18</b> Corned Beef Hotdish Cooked Cabbage  St. Patrick's Day Fruit Salad</p>	<p><b>19</b> Chicken Kiev Rice Pilaf Peas &amp; Carrots  Fruit</p>	<p><b>20</b> Turkey/Dressing/Gravy Mashed Potatoes Corn Cranberries Ice Cream</p>	<p><b>21</b> Taco Salad Chips and Salsa  Pudding Fruit</p>	<p><b>22</b> Lemon Garlic Salmon Patty Parslied Potatoes Carrots Fruit</p>
<p><b>25</b> Chicken Wild Rice Soup Ham &amp; Cheese/Bun Crackers Celery Sticks Fruit</p>	<p><b>26</b> TaterTot Hot Dish Green Beans  Jello with Fruit</p>	<p><b>27</b> Cranberry Pork Loin Sour Cream/Chives Mashed Potatoes Beets Apple Crisp with Whipped Topping</p>	<p><b>28</b> Sloppy Joe/Whole Wheat Bun Ranch Potatoes Coleslaw  Fruit</p>	<p><b>29</b></p> 

EBT/SNAP is accepted. Full cost of a meal: \$8.00. Suggested Donation: \$5.50. Please contribute what you can. Those under 60 are required to pay the full cost of the meal. Each meal is served with 8 oz. of 1% milk and 2 slices of whole wheat bread (unless otherwise indicated). Coffee and water is served at the Senior Center.